Calling Your Member of Congress

Picking up the phone and calling your Members of Congress is a quick and effective way to support the UN.

1. To call your respective Members of Congress, please dial 855-466-4862.
   - Once you dial this number, you will be asked to enter your five-digit zip code.
   - Afterwards, you will be prompted to press #1 or #2 to speak with your Senators and #3 to speak with your Representative.

2. Before calling, be prepared with a short script that covers the following pieces of information:
   - Who are you? Where you are from?
     - **Sample Script:** Hi, I’m [your name], a constituent and voter from [your town/county/city, state]. I am a member of the United Nations Association of the USA, a grassroots movement of Americans dedicated to supporting the vital work of the United Nations. My local chapter is UNA [chapter name].
   - Why you are calling?
     - **Sample Script:** It’s no secret that the UN helps countries come together to solve global issues. Realizing the tremendous impact that the UN has on our future, I believe that American interests and values can be best advanced through strong U.S. leadership and engagement on the world stage. As we mark the UN’s 75th anniversary today, I hope that you will sign-on to Representative Barbara Lee’s resolution to commemorate this historical day. Together the U.S. and the UN have made a lot of progress over the past 75 years. As a founding member of the UN, our country must honor the vital progress that we’ve made. But if we choose to turn our backs, that progress is in danger. Global challenges must be met with global solutions—that’s why I implore you to keep working with the UN during this unprecedented time.
   - How has the UN impacted your life?

3. Keep your message brief (2-3 minutes) and to the point, and don’t forget to thank the staffer for their time!

Visit www.unausa.org/advocacy for resources, talking points, and more information about how you can advocate for the UN!